

Meet Breanna Miles, CHES



A Certified Health Education Specialist (CHES), Breanna Miles is passionate about health and wellness. Her background is in nutrition and the prevention of

Type 2 diabetes in children. She looks forward to partnering with you to improve your health.

About Breanna

- Graduated from Ball State University where she studied health education and promotion
- Certified Health Education Specialist (CHES)
- Board member, Indiana Society for Public Health Education
- Interested in health education and wellness research

Visit Breanna for:

- Individualized nutrition and wellness consultations
- Disease management
- Disease prevention education
- Accountability with goal setting/behavior change

To schedule an appointment with Breanna Miles, call **463.206.0038** or email **bmiles2@iuhealth.org**.



Indiana University Health